

First Aid, CPR and MOFA Training 2008

Check with your local Fire Dept, Hospital, Red Cross chapter or American Heart Association for other class dates, time and cost.

Enumclaw Fire Dept - Kim 360-825-5544 kimobrien@ci.enumclaw.wa.us

CPR 1st Wed of month 7-9pm Fee:\$25

First Aid 3rd Wed of month 7-9pm Fee:\$25

Groups can arrange sessions on other days or at another location.

Enumclaw Community Hospital – Marcy 360-802-3272

CPR 2nd Wed of month – 4 hours Fee:\$25

First Aid 4th Wed of month – 4 hours Fee:\$25 or \$45 for both, must sign up at same time

Auburn Regional Medical Center 253-217-9632 emergencymedicaltraining@msn.com

CPR (Healthcare Provider CPR) Fee: \$45

Second Tuesday of the month, 6:00 p.m.

Third Saturday of the month, 9 a.m.

Fourth Thursday of the month, 8:30 a.m.

Auburn Fire Dept 253-931-3060 <http://www.ci.auburn.wa.us/fire/education/classes.asp>

First Aid/CPR 3rd Sat of month – 8:30am-3:00pm Fee:\$45 – 10 students minimum

Headquarters station, located at 1101 D St. NE, Pre-registration and pre-payment is required.

Private classes can be scheduled per instructor availability. Ten registrants are required.

CPR 1st Wed of month – 6:30-9:30pm Fee: \$20

Seattle Red Cross – Polly 206-726-3510 www.redcross.org

First Aid and Adult CPR Fee: \$61

Private Party session at your location, any day or time for 8-12 people

1 – 7 hour session or 2 sessions of 4 and 3 hours

Credit card is billed for a min of 8 people up front. You handle money.

Mountaineers – Seattle and Everett chapters

Mountaineering Oriented First Aid (MOFA) –

Seattle - Fee: \$65 - \$200 depending upon session & membership

8 hrs standard first aid, 18 hours wilderness focused first aid, offered several times a year

1 overnight weekend plus 1 Sat or 2 evenings a week for 4 weeks

206-284-8484 <http://www.mountaineers.org/seattle/mofa/>

Everett – Fee \$65.00 usually held in March, 28 hours of training

1-800-573-8484 http://www.everettmountaineers.org/firstaid/firstaid_courses.cfm#MOFA